

MEDIA RELEASE

13 February 2024

## The day when Katherine seniors take centre stage

COTA NT is hosting its 4<sup>th</sup> Seniors Expo in Katherine on Thursday 7 March between 10am and 1pm at the Y in Katherine, Henry Scott Recreation Centre on the Stuart Highway.

**Make sure you drop by – entry is free to all members of the community and a free morning tea is also provided. But best of all, there are 30 exhibitors ready to talk to you about all those issues and concerns that really matter to anyone aged over 50.**

Expo exhibitors will be ready to answer your questions about aged care, caring for someone, mature aged employment and training opportunities, retirement, consumer affairs, scam awareness, legal, financial and banking matters, end of life planning including wills and advance personal plans, concessions on every day living costs, community safety, health services, federal government service and supports even give you top tips on how to get a good night's sleep (very handy after a big day of conversations).

Expo offers a *unique* opportunity for seniors to connect face-to-face with service providers, government agencies and seniors' groups – no waiting on hold, no internet access required, no jargon – this is simple, straightforward conversation in person.

There are still limited places available for organisations or businesses wishing to exhibit. A small registration fee applies and registrations close on 22 February 2024.

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**Media contact: Sue Shearer, CEO COTA NT 08 8941 1004**

**Event information and exhibitor registration at [www.cotant.org.au/katherine-seniors-expo-2024/](http://www.cotant.org.au/katherine-seniors-expo-2024/)**

**\* Exhibitor registrations remains open until Thursday 22 February.**

For a full list of exhibitors visit [www.cotant.org.au/katherine-seniors-expo-2024/](http://www.cotant.org.au/katherine-seniors-expo-2024/)

**Katherine SENIORS EXPO**

THE ONLY EVENT DESIGNED FOR KATHERINE SENIORS - now in its 4th year!  
Thursday 7 March 2024, 10am to 1pm  
Henry Scott Recreation Centre (YMCA)  
– Roller Rink, Lot 2525 Stuart Hwy, Katherine

COTA NT is the leading advocacy organisation for senior Territorians *established 1969*  
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