

**MEDIA RELEASE**

**17 January 2023**

## **New training launched for aged care workers**

**Partners in Culturally Appropriate Care (PICAC) NT has launched a new training workshop specifically designed for new aged care workers or for aged care workers who haven't worked with seniors from specific cultural backgrounds before.**

The workshop lasts for 2 hours and can be attended face-to-face or via ZOOM and helps care workers find out more about communicating *without* language, asking clients the best questions, using translators and interpreters, helping clients understand information, appreciating cultural differences including language, values, religious belief, manners food and drink and event days.

“Aged care service providers can send their staff along for an intensive introductory training in cultural awareness, which can make a huge difference to the care experience and relationship between worker and client,” said Cecilia Chiolero, PICAC NT Manager. “This training is absolutely free and can help those aged care service providers making a CaLD specialisation claim.”

Attendees will be encouraged to participate in a cultural competency test and a non-verbal communication activity and receive take-away booklets including conversation starters and flash cards from the PICAC training library. These include multicultural resources, COVID-19 resources in language, introduction to cultural awareness and working with CaLD clients, communication cards and signage, food and menu design, cultural and religious awareness, and working with clients from Burmese, Chinese, Filipino, Greek, Italian and Vietnamese backgrounds.

### **Introduction to Cultural Awareness**

Dates: Friday 20 January and Friday 24 February 2023, 10am to 12pm

Venue: COTA NT, Spillett House, 65 Smith Street, Darwin or via ZOOM

Light refreshments will be provided.

For information and bookings (including ZOOM links) for either course, call Cecilia on 08 8941 1004.

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COTA Northern Territory is the peak advocacy and representation organisation for senior Territorians advocating for and working towards an age-friendly, just, inclusive and equitable society since 1969

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