



Annual report

2024–2025



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The Annual Report 2024-2025 was prepared by COTA NT staff and authorised by Sue Shearer, CEO of COTA NT. It reports on the work of the organisation completed during the financial year 2024 to 2025 (1 July 2024 to 30 June 2025 inclusively).

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If you would like to find out more about our membership, visit us at

www.cotant.org.au/membership

COTA NT is a not-for-profit community organisation, an incorporated Public Benevolent Institution (PBI) with Deductible Gift Recipient (DGR) status and registered with the Australian Charities and Not-for-profits Commission 86316991800.





NT Concessions chat to attendees at Katherine Seniors Expo, March 2025

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From left Hon Jinson Charls, Hon Robyn Cahill OAM, Hon Lia Finocchiaro NT Chief Minister, His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the NT & Ms Ruth Jones at Expo June '25

About COTA NT

COTA NT (also known as Council on the Ageing NT) is the peak body for Seniors in the Northern Territory advocating for their rights and wellbeing since 1969.

We help Territorians age well and live with dignity, independence and purpose. We deliver programs that help older people to stay informed and engaged, to maintain independence and to access services that enhance their lives.

Our vision

A just, equitable, age-friendly and humane community in which people access, with dignity, to appropriate care and support.

Our purpose

To empower older people and those who work with them into achieving well-being and social justice for older people.

Our values

Respect, inclusivity, integrity, professionalism.

COTA NT is recognised as working towards dementia friendly.





From left: Janet Brown, Christina Wiggett, Lorna McLaughlin, Cecilia Chiolero, Sue Shearer, Olywn Noble, Kim Farrar and Jan Jewell

Our People

Our Patron

Patron His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory

Our Board

Jan Jewell

Chair COTA NT and COTA Coomalie

Steve Thomas

Vice Chair COTA NT

Mike Walker

Treasurer

John Whyte

Public Officer

David Wilson and Claire Bell

Board Members

Dr Denise Lawungkurr Goodfellow

Berry Springs Representative

Our Staff

Sue Shearer

Chief Executive Officer

Stephanie Kendall

Communications & Marketing

Cecilia Chiolero

Office Manager / PICAC

Christina Wiggett & Olwyn Noble

Reception / Administration

Janet Brown

Debbie Pepper & Janet Bradbury (split FY)

Aged Care Navigators (Darwin and Alice Springs)

Lorna McLaughlin

Activities and Events

Kim Farrar

NT Seniors Card

Ken Glover

Membership Services

Christine Mills

Accounts



From left Members of the Board, Staff and Patron at Darwin Expo June 2025: Mike Walker, Claire Bell, Steve Thomas, Ms Ruth Jones, Jan Jewell, His Honour, Denise Lawungkurr Goodfellow and Sue Shearer

Chair Report

In reviewing the work completed during the last financial year by COTA NT, I am reminded of why we are the peak body representing seniors in the Northern Territory, the go-to people, the one-stop-shop for seniors.

We are more connected than ever before with our COTA Federation, COTA NT Members, Sponsors, Supporters and stakeholders. You will see in the report how our success in developing and managing connections has resulted in an extensive body of work.

COTA NT is very much about community and inclusivity. Its reach to seniors through events and interactive media is particularly impressive. Under the leadership of Sue Shearer, the staff continue to innovate and deliver

programs with an outstanding level of professionalism, care and dedication.

We are in a safe financial position and as the demands on our services continue to grow, we continue to monitor our financial health.

On behalf of the Board, I extend sincere thanks to Sue, staff and volunteers for their exceptional efforts. Their commitment and teamwork continue to inspire confidence in our future success.

**Jan Jewell,
Chair – COTA NT**

CEO Report

It is my pleasure to present the CEO Report for COTA NT for 2024–25. This year has been one of significant growth, achievement and strengthened impact across all areas of our organisation.

Our policy and advocacy work has remained a central focus, influencing decision-makers on issues important to senior Territorians including aged care, voluntary assisted dying legislation, cost of living, health, wellbeing and safety. Through every aspect of our work, COTA NT helps ensure seniors' voices are heard and their rights upheld.

This FY year, we delivered a range of programs and projects including advocacy, events and activities, aged care navigation, multicultural support, Seniors Card and Seniors Month.

Our services have provided many opportunities for seniors to connect with each other, with service providers, enjoy engaging activities and access information that supports their wellbeing and independence.

In September 2024, we were recognised as 'working towards dementia-friendly'. This reflects the effort of all staff to commit to an action plan and commit to creating a safe and inclusive community.

Memberships have continued to rise for COTA NT and NT Seniors Card, the largest program we manage.

From the least reporting period (2023-2024) we have seen an increase of up to 30% in almost every area in membership, enquiries, event attendances and so on.

I am thankful for the ongoing support of the Board, dedicated staff and volunteers and the invaluable contributions of our partners, sponsors, and collaborators. Without this team, we would not be thriving in the way we are.

I am proud of what COTA NT has accomplished this year and look forward to supporting, advocating for and celebrating seniors in the Northern Territory throughout the rest of 2025 and 2026.

**Sue Shearer,
CEO – COTA NT**



From left at the celebration of 10th Expo in Darwin June 2025: His Honour, Sue Shearer and the Hon Lia Finocchiaro Chief Minister of the Northern Territory

Advocacy

COTA NT has been speaking up for seniors' rights since 1969. The financial year of 2024/2025 was our 55th year of service.

Our advocacy and social support work is made more impactful by our partnerships and collaborations with Territory stakeholders on programs and projects that help senior Territorians to age well.

We speak out to all levels of government, media, service providers and Territory stakeholders on behalf of Territory seniors.

The “voice of Territory seniors”

COTA NT spoke out on issues affecting

Territorians rights and wellbeing. These included:

Seniors rights

- [Voluntary assisted dying choice and legislation for the NT](#)
- Tackling ageism and elder abuse
- To keep cash as currency.

Health and aged care

- Bed shortages across the NT
- Better delivery of, and access to, home care packages; lack of aged care staff in the NT and funding for more Support at Home packages
- Seniors' dental scheme
- More resources for managing the National Assistive Technology Loans Scheme for aged care recipients.

Cost of living

- Increase for the Seniors Recognition Scheme award and vehicle registration concession for seniors
- Provision of direct financial support to older people
- Reduction of health expenses
- Improvement for financial outcomes at and during retirement.

Housing

- Improving the Residential Tenancies Act 1999 (NT) and housing affordability; plus need for independent Rental Bond Board.

Safety and protections

- Improving consumer protections for scams
- Safety at home, in community, online and using transport (e-scooters).

Connections

COTA NT is often regarded as a 'one-stop' shop, where any issue relating to living in the Territory as a senior can be dealt with.

Yes, we respond to enquiries about all our major programs and projects, but we do much more.

Details of our programs and services can be found on our website, www.cotant.org.au/programs.

Snapshot

Advocacy in action

- 5 129 phone calls and in-person visits/enquiries were made to our Head Office.

This figure does not include phone calls made to staff on mobile phones, direct lines or to staff based outside of Darwin.

- This breaks down to:
 - 1 227 in-person visits
 - 3 902 telephone calls
 - 1 653 NT Seniors Card enquiries
 - 859 COTA NT membership and service enquiries
 - 736 enquiries that fell into the 'random' or other category (more than 14 enquiries per week).

This is an increase of over 28% from the FY 2023-2024.

Refer to Appendix A, page 21 for more details on:

- 10 key collaborations
- 27 community representations
- 17 COTA NT sponsorships.

More information about our advocacy work is available on our website on and on request.



COTA NT publications 2024-2025

Communications and Marketing

The organisation uses a wide range of methods to put its work in the public eye with government, media and stakeholders.

To be as inclusive as possible, the following channels are used: in-person interactions, telephone and video calls, email, interactive websites, social media, print and digital publications, newsletters, media releases, 3rd party media and advertising through radio, television and press.

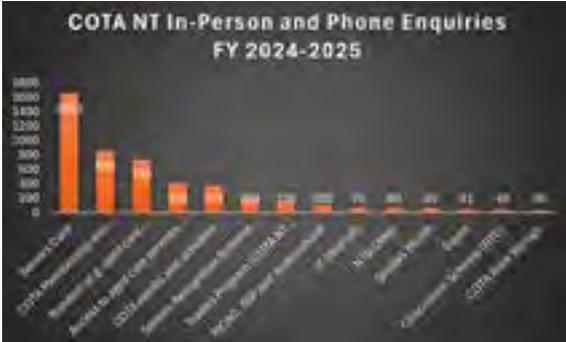
It is through in-person interactions that the organisation has the opportunity to hear seniors' voices first-hand and understand what issues they may be facing. Many of

our digital communications (emails, website interactions, social media platforms and surveys) also provide us with interaction and engagement opportunities. An overview of their usage is provided in the Snapshot.

Information

We provide NT stakeholders with information at events, workshops and forums; on websites and social media platform; through media interviews and advertising. We believe up-to-date and relevant information is essential for informed decision-making.

We know that seniors receive and process information through many



5 129 phone calls and in-person visits/enquiries

different media channels (print, digital, audio and visual). COTA NT aims to cover as many bases as possible with the resources available to it.

The beauty of digital or online media lies in its measurable outcomes. We know for example that people searched online 1 869 times and found information on our website on how to check a balance on a Seniors Recognition Card. Some 1 762 people viewed our page on concession cards.

Brand recognition

Whether people meet us in person, read our information, hear us speak or attend one of our events, COTA NT is undoubtedly the organisation that NT government, media, stakeholders turn to when they want to know what seniors think, what seniors want and how seniors will be affected by life events.

Our media and news can be found on our website under www.cotant.org.au/news.

Snapshot

- 13 media releases
- 25 media interviews (NT News ABC Darwin, ABC Alice Springs, MixFM, Territory FM 104.1, Channel 9)
- 84 news posts across sites
- 40,252 active users on the www.cotant.org.au website (15% increase from last FY year)
- 303 web enquiries received (40% increase from last FY)
- Facebook Followers 4 579 across all pages (15% increase from last FY year)
- Instagram Followers 95 (31% increase from last FY year)
- 6 calendar observances
- 5 surveys (program satisfaction, event feedback)
- 4 serial publications: Seniors Voice (5 issues), Coomalie News (12 issues), COTA NT News for Members (4 issues), Seniors Card e-News (5 issues)
- 5 new publications: Ageing Purposefully, Inspiring Women, Seniors Month Calendar 2024, Seniors Card Discount Directory 2024-25.

** All our [publications](#) are available to download at no cost from our website.*

Activities and Events

During FY 2024/2025, staff attended over 45 outreaches and held over 30 activities. Outreach activities included pop-up offices in shopping centres, Government House presentations and visits to MLA activities. These were timetabled alongside regular in-house activities and COTA NT's major community events (see opposite page).

Activity programs

Seniors continued to attend weekly sessions of Tai Chi, Musical Jam, Strong and Functional Fitness, Seated Aerobics and Pilates held throughout the year. From August 2024, we also held dementia-friendly activities under the *Active Minds, Active Bodies: A Dementia-Friendly Fitness and Socialisation* project

Workshops

We held workshops throughout the year. Dying to Know and End of life planning and Advance Personal Planning workshops were fully-booked almost without exception.

Seniors Expo

Darwin Seniors Expo 2025 marked our 10th year of Expo in Darwin with over 90 exhibitors and estimated 4 500 people in attendance.

Snapshot

- **6 523** people attended COTA events (*An increase of over 30% from FY2023-2024.*)
- 4 285 people reached in June 2025, 998 in August 2024, 610 In March 2025, 492 October 2024
- **3 474** attendances recorded for our regular activities program (e.g. SuperAgeing fitness, Tai Chi with Tom, Musical Jam and Sewing)
- International Women's Day event sold out
- 10 partnerships to co-host events and activities with: COTA Australia (aged care reform community forums), Darwin Community Arts (dementia activities), Dementia Australia, Dept of Health & Aged Care (aged care forums), Neighbourhood Watch (personal safety), NT Consumer Affairs (scam prevention), Palliative Care NT (dying to know), Relationships Australia, Victims of Crime NT.

Seniors Month	Seniors Month	Seniors Month
Aged Care Forums	Alice Springs Expo	Personal Safety Workshops
Seniors Month	Seniors Month	Seniors Month
Health & Wellness Day	Berry Springs Party	Dying to Know Workshops
August 2024	October 2024	October 2024
Government House Visit	Aged Care Round Table	Grandparents Day Movies
October 2024	November 2024	March 2025
Fishing Trips	Christmas Parties	Katherine Expo
March 2025	June 2025	June 2025
International Womens Day	Elder Abuse Awareness	Darwin Expo

Aged Care Navigators

This program continued to provide support for senior Territorians, their families and carers to understand and navigate the aged care system.

Notably during this year the Aged Care Navigators' roles were extended to incorporate the *Advanced Personal Planning Project*, part of the *Greater Choices for at Home Palliative Care Program*.

The 14-month project officially commenced in May 2024, although COTA NT had initiated similar information sessions on this topic during 2023.

The need for the Aged Care Navigators service continues unabated with assistance provided to clients face-to-face, by phone, video calls and in group meetings. It is notable that a high percentage of enquiries were only *indirectly* related to the aged care Service.

The year included ACNs undertaking extensive groundwork in preparation for the changes in Support at Home and Residential Aged Care under the new Aged Care commencing November 2025.

Participated in CDU Advisory Committee – Aged Care Transition to Practise Program development and Elder Working Group.

Snapshot

- 39 face-to-face interviews
- 8 community events including 4 Seniors Expos, 2 shopping centres and 5 Ministerial events
- 33 Advance Personal Plan information group sessions (approx 640 attendees)
- 20 Advance Personal Plan individual interviews
- 11 interagency engagements
- 127 clients on the aged care system (32 face-to-face)
- 26 clients on unrelated aged care issues helped
- 11 committee & interagency engagements: Darwin Aged & Disability Meetings, Carers NT, Elder Abuse Working Group Meetings, Dementia Australia, Multicultural Council of the NT, NT Health, Seniors Relationships Australia, Seniors Rights Service (DCLS), Primary Health Network, Melaleuca Refugee Centre.

Read more about the Aged Care Navigators program [here](#).

Membership

COTA NT membership continues to run on a paid membership basis, with no fee increases for the seventh consecutive financial year.

Individual membership costs \$44+gst pa, joint membership \$56+ pa and Club and Associate membership started from \$30+gst.

Membership benefits

Benefits delivered during this financial year included:

- Home Maintenance Service in serviceable areas
- Quarterly COTA NT News for Members newsletter (delivered by email and by post to a small number of non-digital Members)
- Priority event invitations (e.g. International Womens Day Lunch, Grandparents Day)
- Access to exclusive events and activities
- Discounts on regular programs and Seniors Month events
- Discount at COTA Insurance and COTA Travel
- Discounted room hire
- Discounted advertising rates on COTA NT's websites and publications
- Discounted Expo exhibitor fees.

Snapshot

- 155 new financial Members
- 15 new Club and Associate Members
- 597 individual and joint membership at end of FY
- 45 Club and Associate members at end of FY
- 40 Members attended the Darwin Christmas function and 48 went fishing.
- 27 Club and Associate Members exhibited at the Darwin Expo in June 2025
 - 24 Club and Associate Members were new exhibitors
 - 6 Club and Associates were recognised for 10 years of supporting Expo in Darwin
 - Incentives for joining and renewing COTA NT membership included early bird discounts and sign-up prizes at major events.
 - COTA NT Members were also entered into free draws to win movie passes.

Read more about COTA NT Membership [here](#).



Seniors Card Business Partner Brumby's with the Seniors Card prop card often featured in the new [Meet the Business Partners Gallery](#)

NT Seniors Card

COTA NT has delivered the NT Seniors Card (NTSC) on behalf of the Northern Territory Government since 2018.

The program is COTA NT's largest. It is supported by all staff members who among other roles (e.g. event marketing, brand promotion and website management etc.) respond to all enquiries about membership in-person, telephone calls, email correspondence and via interactive websites.

Promoting the program to seniors through event (outreach) marketing has been particularly successful in this period as the growth in membership numbers displays.

Seniors Card staff attended three major

community events to assist, meet and develop relationships with seniors in Alice Springs, Katherine, Darwin and Palmerston.

The Seniors Card brand is recognised as trustworthy by seniors and businesses alike. Nearly 700 members participated in the *Members Survey 2024-2025* with the high majority of reviews being favourable. In response to survey responses, the program has offered many prize draws and competitions sponsored by Business Partners.

In response to the *Business Partners Survey 2023-2024* new options were created for businesses to advertise to consumers including "[ad sliders](#)" which link directly from the Seniors Card website to business websites.

Business Partners were also invited to exhibit at COTA NT's Seniors Expos and offered preferential placements and fees. This enabled seniors to meet Business Partners in person.

This focus was continued in a new '[Meet the Business Partners](#)' online gallery, which features the real faces of real business owners and their staff. The positive images used across Seniors Card channels reinforces the trustworthiness of Business Partners and the 'shop local' call to action.

The program has been presented to Territory businesses to business networks and groups including:

- Tourism Top End (September 2024)
- Palmerston and Rural Business Association
- Darwin City Retailers
- NT Chambers of Commerce
- and Territory Proud.

Following each of these presentations, new Business Partners have joined the program.

A great deal of work has also been completed during this period to develop a customised and effective Customer Relationship Management (CRM) database with NTG People, Sports & Culture department during this period.

The new CRM will be live during 2025/26.

Read more about NT Seniors Card [here](#).

Snapshot

- 2 026 new cards and 1 039 replacement cards issued
- 1 534 program enquiries received through non-website channels
- 247 birthday cards sent to Members
- 507 Business Partners participating in the program as of 30 June 2025, an increase of 43 from last year
- 49 Business Partner registrations received via the website
- 1 928 interactions (applications, replacement card requests, enquiries, Business Partner registrations) were received via the [website](#)
 - Total website users: 22 051
 - Total page views: 83 582
- 1 800+ Followers of [Facebook](#). Page likes 1 400+
- 28 EDM campaigns reaching 216 660 member emails
- 5 [e-News](#) via email/web
- 21 outreach events across the Territory (shopping centres, MLA events, presentations, Seniors Expos and community group visits).

PICAC & MSSP

The Partners in Culturally Appropriate Care (PICAC) program continues to support aged care service providers and culturally and linguistically diverse (CALD) communities in the NT.

PICAC NT strengthened local and national partnerships, created and promoted multilingual resources, translation services (i.e. Different languages, same aged care) and directly engaged providers and CALD seniors through training, events and outreach.

PICAC NT also made a presentation to the NT Darwin office of the Australian Government Department of Health and Aged Care; attended Services Australia Multicultural Advisory Forums, Access and Inclusion Advisory Committee and ARRC Partners Advisory Group.

PICAC continued to manage the Multicultural Social Support Program (MSSP) program with weekly social and inclusive group activities delivered for Italian and Timorese-Portuguese seniors. This program also offers COTA's volunteers an opportunity to take an active role in the organisation's work and develop mutually-beneficial relationships.

Read more about [PICAC NT's work](#) on our website.

Snapshot

- 3 exhibitions at major community events
- 4 outreach events (Palmerston and Coolalinga)
- 5 CALD client support requests actioned, 5 CALD events attended, 5 aged care service providers supported
- 2 direct community requests (care navigation and end-of-life support)
- 2 media releases
- 3 newsletters and 26 Facebook posts promoting aged care changes, events and translated resources
- [58 checklist translations](#) featuring culturally-appropriate images created and distributed nationally
- Updated and renamed [Caring for CALD Seniors Toolkit](#) released in NT and WA
- 10 information packages, 3 training modules and 2 major checklists shared nationally
- 172 print copies of the checklist distributed
- 85 toolkits distributed
- 4 editorials published in NT Seniors Voice.

Volunteering

During this 12 month period, COTA NT was supported by 26 volunteers from all walks of life. These volunteers gave their time to Board governance, event and program support (Home Maintenance Service for Members Expos and Multicultural Social Support Program), publication delivery and office administration.

Without their dedication, the organisation would not be able to deliver its services, programs and publications as professionally and consistently as it does.

We hope our volunteers know how appreciative we are of them. They *do* know that we run on the smell of an oily rag and we also hope they know that our small Christmas lunch for them says a *very* big thank you.

Our volunteers

- Alan Wharfe
- David Wilson
- Denise Lawungkurr Goodfellow
- Fiona Stoddart
- Greg McLaughlin
- Jan Jewell
- Janine Watt
- Jennifer Copley

Snapshot

- 26 volunteers
- 959 recorded volunteer hours
- \$39 060 volunteer value*

* www.volunteering.com.au/resources-tools/cost-of-volunteering-calculator
For volunteers aged 65 and over.

- John Whyte
- Julianne Du-Shane
- Keith Wiggett
- Kerry Thomas
- Latter Dale
- Mary Fathers
- Maxwell Mace
- Michael McDonald
- Mick Sheridan
- Mike Walker
- Phil Ryder
- Popi Stavros
- Rocco Magnoli
- Sandy Stuart
- Sonia Richards
- Steve Allen
- Steve Thomas
- Sue Firth

Read more about our [volunteering program](#) on the website.

Acknowledgements

Donors

- Marshall and Cherry Perron

Sponsors

- Northern Territory Government
- Australian Government
- Australia Post
- City of Darwin
- NBN
- PowerWater
- SuperAgeing
- TerritoryFM 104.1
- The Katherine YMCA

Supporters

- Barramundi Adventures
- Deckchair Cinema
- Event Cinemas
- Exhibitionist
- House of Fulton Jewellery
- Keep Moving
- Litchfield Council
- MemberWizard
- Netball NT

- Palmerston and Regional Business Association

Club and Associate Members

- Ageing with Grace
- Anglicare NT
- Arthritis & Osteoporosis NT
- Australian Ears and Hearing Care
- Australian Independent Retirees
- Carers NT
- Catholic Care NT
- Crest NT
- Danila Dilba Health Services
- Darwin Camera Club
- Darwin Community Legal Service
- Darwin Frocktails
- Darwin Table Tennis Association
- Deckchair Cinema

- Dementia Australia (NT)
- English & Scottish Country Dancing
- Genealogical Society of the Northern Territory Inc
- Healthy Living NT
- Heart Foundation
- Integrated disAbility Action Inc
- Knit & Knatter
- Let's Sing
- Mature Athletes Darwin
- Melaleuca Australia
- Riding for the Disabled
- National Seniors Australia (Top End)
- Neighbourhood Watch NT
- NT Working Women's Centre
- Old Timers Traeger Museum
- Pickleball Alice Springs

- Probus
- Prosper - Darwin Prostate Cancer Support Group
- Relationships Australia (NT)
- TeamHealth
- The Hospital Research Foundation Group: Parkinson's
- The Man Walk
- U3A Alice Springs
- U3A Darwin
- Victims of Crime NT
- Volunteering NT
- Wildcare Inc

Appendix A: Advocacy

Collaborations

Throughout this 12-month period, COTA NT worked with numerous organisations to deliver projects, events and projects.

They included:

- Catholic Care NT (No More campaign against domestic and family violence)
- COTA Australia (Age Care Reform community forums, elder abuse focus groups)
- Darwin Community Arts (dementia friendly activities)
- Dementia Australia NT
- Department of Health and Aged Care (Headway: aged care forums)
- Department of Health and Aged Care NT Office (aged care in the home consumer sessions)
- Elder Abuse Action Australia (EAAA) (Breaking the Silence - elder abuse prevention)
- Go Gentle Australia (voluntary assisted dying choice)
- Neighbourhood Watch NT (personal safety workshops)
- NT Consumer Affairs (scams awareness workshops)
- Older Persons Advocacy Network (OPAN) Palliative Care NT (Dying to Know workshops)
- Relationships Australia NT
- Step Up for Dementia Research / Step Up for Ageing Research

- Textiles Travelling Suitcase
- Victims of Crime NT
- Walking Netball

Representation

- Access and Inclusion Advisory Committee (AIAC)
- Accessible Point to Point Transport Services Working Group
- Aged & Community Care Providers Association (ACCPA)
- APA Stakeholder Engagements for the Amadeus Gas Pipeline (AGP)
- ARRC Partners Advisory Group
- CASA Alice Springs
- COTA Policy Group – Housing
- Community Pharmacy Scope of Practice Roundtable
- Course Advisory Group – Master of Pharmacy program at CDU
- Crest NT
- Health Care Decision Making Act
- Homelessness Strategy for Territory Housing Working Group
- Jacana Energy Consumers and Community Meeting
- NTG Housing Committee (sub-committee of the Ministerial Advisory Council)
- Ministerial Advisory Council for Senior Territorians (MAC-ST)
- MLA / Ministers' Morning Teas and Lunches
- NT Elder Abuse Response Services

- NT Industry Human Services Workshops
- Voluntary Assisted Dying (VAD) – Advisory Panel

Sponsorships

During this reporting period, COTA NT provided in-kind support/ sponsorship to the following organisations/projects:

- Alice Springs Heart Foundation Walking Group
- Alice Springs Senior Citizens
- Australian Electoral Commission
- Bosum Buddies
- Cyclone Tracy Survivors / Remembering Cyclone Tracy
- Darwin Joint Cyber Security Group
- Darwin Men's Shed (We Fix Things)
- Foodbank Alice Springs
- Friends for Good
- Katherine Senior Citizens
- NT Police (Safe and Found)
- Operation Secret Santa - Aged Care NT
- PRBA Corporate Golf Day
- RSPCA Darwin Branch
- Selfie with a Senior
- St John NT (Key safe)
- Tactile Arts (Selfie with a Senior)
- Textiles Travelling Suitcase
- The Royal Darwin Show

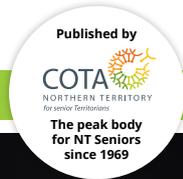
Further Information

- [COTA NT Website](#)
 - [NT Seniors Voice](#)
 - [Information](#)
 - [Territory Seniors Calendar](#)
 - [News](#)
 - [Membership](#)
 - [Publications](#)
 - [Social Media Pages](#)
- [NT Seniors Card Website](#)
 - [Seniors Card Discount Directory](#)

seniorsvoice

NORTHERN TERRITORY

SPEAKING OUT FOR NT SENIORS



VAD

The NT has waited for nearly 30 years... VAD legislation is needed now.

INSIDE: LEADING ADVOCATES CALL FOR ACTION ON VOLUNTARY ASSISTED DYING (VAD) LEGISLATION, COMMUNITY OPINION, VAD ACROSS AUSTRALIA



DENIED



WANT CHOICE



WAITING 27 YEARS



IT IS TIME



"You don't have to agree with it, but you should get out of the way of those of us who wish it for ourselves."

73% of survey respondents out of a total of 1396 agreed that a person should be able to choose when they die.

[TOP SHOTS]

COTA NT SUPPORTS THE PHOTOGRAPHIC TALENTS OF NORTHERN TERRITORY SENIORS AND ENCOURAGES POSITIVE DEPICTIONS OF AGEING.

This image featured in Seniors Voice and was taken by Mel Bethel Photography for COTA NT at the Katherine Seniors Expo, March 2025.

"...it captures the sheer joy of making conversation and connection."



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